Coverage for: Individual+Family | Plan Type: PPO



This is only a summary. If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document at www.bcbsil.com or by calling 1-800-995-0582.

Important Questions	Answers	Why this Matters:
What is the overall deductible?	For In-Network \$150 Individual/\$450 Family For Out-of-Network \$600 Individual/\$1,800 Family Doesn't apply to certain preventative care. Services that charge a copay do not apply to the overall deductible.	You must pay all the costs up to the <u>deductible</u> amount before this plan begins to pay for covered services you use. Check your policy or plan document to see when the <u>deductible</u> starts over (usually, but not always, January 1 st). See the chart starting on page 2 for how much you pay for covered services after you meet the <u>deductible</u> .
Are there other deductibles for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services, but see the chart starting on page 2 for other costs for services this plan covers.
Is there an <u>out-of-</u> <u>pocket limit</u> on my expenses?	Yes. For In-Network \$2,000 Individual/\$6,000 Family For Out-of-Network \$4,000 Individual/\$12,000 Family	The out-of-pocket limit is the most you could pay during a coverage period (usually one year) for your share of the cost of covered services. This limit helps you plan for health care expenses.
What is not included in the <u>out-of-pocket limit</u> ?	Premiums, balanced-billed charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit .
Does this plan use a network of providers?	Yes. Visit <u>www.bcbsil.com</u> or call <u>1-800-995-0582</u> for a list of Participating providers.	If you use an in-network doctor or other health care provider , this plan will pay some or all of the costs of covered services. Be aware, your in-network doctor or hospital may use an out-of-network provider for some services. Plans use the term in-network, preferred , or participating for providers in their network . See the chart starting on page 2 for how this plan pays different kinds of providers .
Do I need a referral to see a specialist?	No.	You can see the specialist you choose without permission from this plan.
Are there services this plan doesn't cover?	Yes.	Some of the services this plan doesn't cover are listed on page 5. See your policy or plan document for additional information about <u>excluded services</u> .

Questions: Call 1-800-995-0582 or visit us at www.bcbsil.com.

If you aren't clear about any of the underlined terms used in this form, see the Glossary. You can view the Glossary at www.dol.gov/ebsa/pdf/SBCUniformGlossary.pdf or call 1-855-756-4448 to request a copy.



- Copayments are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive the service.
- <u>Coinsurance</u> is *your* share of the costs of a covered service, calculated as a percent of the <u>allowed amount</u> for the service. For example, if the plan's <u>allowed amount</u> for an overnight hospital stay is \$1,000, your <u>coinsurance</u> payment of 20% would be \$200. This may change if you haven't met your <u>deductible</u>.
- The amount the plan pays for covered services is based on the <u>allowed amount</u>. If an out-of-network <u>provider</u> charges more than the <u>allowed amount</u>, you may have to pay the difference. For example, if an out-of-network hospital charges \$1,500 for an overnight stay and the <u>allowed amount</u> is \$1,000, you may have to pay the \$500 difference. (This is called <u>balance billing</u>.)
- This plan may encourage you to use In-Network <u>providers</u> by charging you lower <u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u> amounts.

Common Medical Event	Services You May Need	Your Cost If You Use an In-Network Provider	Your Cost If You Use an Out-of-Network Provider	Limitations & Exceptions
	Primary care visit to treat an injury or illness	\$25 copay/visit	40% coinsurance	none
If you visit a health	Specialist visit	\$35 copay/visit	40% coinsurance	none
care <u>provider's</u> office or clinic	Other practitioner office visit	20% coinsurance	40% coinsurance	Limited to 45 visits per benefit period for chiropractic and osteopathic manipulations.
	Preventive care/screening/immunization	No Charge	40% coinsurance	none
	Diagnostic test (x-ray, blood work)	20% coinsurance	40% coinsurance	none
If you have a test	Imaging (CT/PET scans, MRIs)	20% coinsurance	40% coinsurance	none

Common Medical Event	Services You May Need	Your Cost If You Use an In-Network Provider	Your Cost If You Use an Out-of-Network Provider	Limitations & Exceptions
If you need drugs to treat your illness or condition More information about prescription drug coverage is available at www.www.Express-Scripts.com.	Generic drugs	Retail: \$5 copay / prescription for up to a 30 day supply Mail Order: \$10 copay / prescription for up to a 90 day supply	Retail: 20% plus \$5 copay / prescription for up to a 30 day supply Mail Order: \$10 copay / prescription for up to a 90 day supply	Your plan allows coverage for two 30-day fills of your long-term medications at any network pharmacy. After that, you will be required to fill your maintenance medications in 90-day supplies from Express-Scripts Home Delivery.
	Formulary brand drugs	Retail: \$25 copay / prescription for up to a 30 day supply Mail Order: \$50 copay / prescription for up to a 90 day supply	Retail: 20% plus \$25 copay / prescription for up to a 30 day supply Mail Order: \$50 copay / prescription for up to a 90 day supply	Health care Reform required preventive items and services are covered without any cost-sharing if prescribed by a licensed practitioner Fertility drugs limited to \$10,000 lifetime maximum coverage per individual
	Non-Formulary brand drugs	Retail: \$40 copay / prescription for up to a 30 day supply Mail Order: \$80 copay / prescription for up to a 90 day supply	Retail: 20% plus \$40 copay / prescription for up to a 30 day supply Mail Order: \$80 copay / prescription for up to a 90 day supply	If you or your physician request brand when a generic is available, you will pay the difference in price between the brand and generic drug plus your copay, and only the copay accrues to the OOP limit.
	Specialty drugs	Same as Retail for applicable formulary tier (Generic/Formulary/Non-Formulary)	Not covered	Specialty drugs are limited to 30- day supplies; and can only be filled through an Express-Scripts Specialty Pharmacy (Accredo).

Common Medical Event	Services You May Need	Your Cost If You Use an In-Network Provider	Your Cost If You Use an Out-of-Network Provider	Limitations & Exceptions	
If you have	Facility fee (e.g., ambulatory surgery center)	20% coinsurance	40% coinsurance	none	
outpatient surgery	Physician/surgeon fees	20% coinsurance	40% coinsurance	none	
If you need	Emergency room services	\$150 copay/visit plus 20% coinsurance	\$150 copay/visit plus 20% coinsurance	Deductible and coinsurance apply if determined not a true emergency.	
immediate medical	Emergency medical transportation	20% coinsurance	20% coinsurance	none	
attention	Urgent care	\$75 copay/visit plus 20% coinsurance	\$75 copay/visit plus 40% coinsurance	none	
If you have a	Facility fee (e.g., hospital room)	20% coinsurance	40% coinsurance	none	
hospital stay	Physician/surgeon fee	20% coinsurance	40% coinsurance	none	
If you have mental	Mental/Behavioral health outpatient services	\$25 copay/visit	40% coinsurance	none	
health, behavioral	Mental/Behavioral health inpatient services	20% coinsurance	40% coinsurance	none	
health, or substance	Substance use disorder outpatient services	\$25 copay/visit	40% coinsurance	none	
abuse needs	Substance use disorder inpatient services	20% coinsurance	40% coinsurance	none	
IC	Prenatal and postnatal care	\$25 copay	40% coinsurance	none	
If you are pregnant	Delivery and all inpatient services	20% coinsurance	40% coinsurance	none	
	Home health care	20% coinsurance	40% coinsurance	Limited to 180 visits per benefit period.	
	Rehabilitation services	20% coinsurance	40% coinsurance	Limited to 60 visits per therapy per	
If you need help	Habilitation services	20% coinsurance	40% coinsurance	benefit period.	
recovering or have	Skilled nursing care	20% coinsurance	40% coinsurance	Limited to 120 days per benefit period.	
other special health needs	Durable medical equipment	20% coinsurance	40% coinsurance	Benefits are limited to items used to serve a medical purpose. DME benefits are provided for both purchase and rental equipment (up to the purchase price).	
	Hospice service	20% coinsurance	40% coinsurance	none	

Common Medical Event	Services You May Need	Your Cost If You Use an In-Network Provider	Your Cost If You Use an Out-of-Network Provider	Limitations & Exceptions
TC 1'11 1	Eye exam	No Charge	40% coinsurance	Limited to 1 exam per benefit period.
If your child needs dental or eye care	Glasses	Not Covered	Not Covered	none
dental of eye care	Dental check-up	Not Covered	Not Covered	none

Excluded Services & Other Covered Services:

Services Your Plan Does NOT Cover (This isn't a complete list. Check your policy or plan document for other excluded services.)

- Cosmetic Surgery
- Long Term Care

- Routine Foot Care (with the exception of person with diagnosis of diabetes)
- Weight Loss Programs (with the exception of Bariatric Surgery)

Other Covered Services (This isn't a complete list. Check your policy or plan document for other covered services and your costs for these services.)

- Acupuncture
- Bariatric Surgery
- Chiropractic Care
- Dental Care (Limited to oral surgery if determined to be medically necessary and appropriate)
- Hearing Aids
- Infertility Treatment (Testing and Diagnosis)
- Most coverage provided outside the United States. See www.bcbsil.com

- Non-Emergency Care When Traveling Outside the U.S.
- Private Duty Nursing (with the exception of Inpatient services)
- Routine Eye Care (Adult and Children)

Your Rights to Continue Coverage:

If you lose coverage under the plan, then, depending upon the circumstances, Federal and State laws may provide protections that allow you to keep health coverage. Any such rights may be limited in duration and will require you to pay a **premium**, which may be significantly higher than the **premium** you pay while covered under the plan. Other limitations on your rights to continue coverage may also apply. For more information on your rights to continue coverage, contact the plan at 1-800-995-0582. You may also contact your state insurance department, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or www.dol.gov/ebsa or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or www.cciio.cms.gov.

Your Grievance and Appeals Rights:

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to <u>appeal</u> or file a <u>grievance</u>. For questions about your rights, this notice, or assistance, you can contact Blue Cross and Blue Shield of Illinois at 1-800-995-0582 or visit <u>www.bcbsil.com</u>, or contact the U.S Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or visit <u>www.dol.gov/ebsa/healthreform</u>. Additionally, a consumer assistance program can help you file your <u>appeal</u>. Contact the Illinois Department of Insurance at (877) 527-9431 or visit http://insurance.illinois.gov.

Does this Coverage Provide Minimum Essential Coverage?

The Affordable Care Act requires most people to have health care coverage that qualifies as "minimum essential coverage." **This plan or policy does provide minimum essential coverage.**

Does this Coverage Meet the Minimum Value Standard?

The Affordable Care Act establishes a minimum value standard of benefits of a health plan. The minimum value standard is 60% (actuarial value). **This** health coverage does meet the minimum value standard for the benefits it provides.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-800-995-0582.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-995-0582.

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码1-800-995-0582.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-800-995-0582.

To see examples of how this plan might cover costs for a sample medical situation, see the next page.—

About these Coverage Examples:

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.



This is not a cost estimator.

Don't use these examples to estimate your actual costs under this plan. The actual care you receive will be different from these examples, and the cost of that care will also be different.

See the next page for important information about these examples.

Having a baby

(normal delivery)

- Amount owed to providers: \$7,540
- Plan pays \$5,810
- Patient pays \$1,730

Sample care costs:

Sample care costs.	
Hospital charges (mother)	\$2,700
Routine obstetric care	\$2,100
Hospital charges (baby)	\$900
Anesthesia	\$900
Laboratory tests	\$500
Prescriptions	\$200
Radiology	\$200
Vaccines, other preventive	\$40
Total	\$7,540
Patient pays:	
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Deductibles	\$150
Copays	\$10
Coinsurance	\$1,420
Limits or exclusions	\$150
Total	\$1,730

Managing type 2 diabetes

(routine maintenance of a well-controlled condition)

- Amount owed to providers: \$5,400
- Plan pays \$4,470
- Patient pays \$930

Sample care costs:

Prescriptions	\$2,900
Medical Equipment and Supplies	\$1,300
Office Visits and Procedures	\$700
Education	\$300
Laboratory tests	\$100
Vaccines, other preventive	\$100
Total	\$5,400

Patient pays:

Deductibles	\$150
Copays	\$450
Coinsurance	\$250
Limits or exclusions	\$80
Total	\$930

Note: These examples are based on individual coverage only.

Questions and answers about the Coverage Examples:

What are some of the assumptions behind the Coverage Examples?

- Costs don't include <u>premiums</u>.
- Sample care costs are based on national averages supplied by the U.S.
 Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from innetwork <u>providers</u>. If the patient had received care from out-of-network <u>providers</u>, costs would have been higher.

What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how <u>deductibles</u>, <u>copayments</u>, and <u>coinsurance</u> can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

Does the Coverage Example predict my own care needs?

No. Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

Does the Coverage Example predict my future expenses?

No. Coverage Examples are not cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your providers charge, and the reimbursement your health plan allows.

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Can I use Coverage Examples to compare plans?

Yes. When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

Are there other costs I should consider when comparing plans?

Yes. An important cost is the premium you pay. Generally, the lower your premium, the more you'll pay in out-of-pocket costs, such as copayments, deductibles, and coinsurance. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.