

Child care



Support and resources to help you find reliable child care and high-quality educational resources to support your family's needs.

Expert guidance

Call your program to be connected to a Work-Life specialist who can:

- Help you determine which care options will best meet your family's needs, from in-home care like nannies and babysitters, to virtual care, family day care homes, care centers, before-and-after school programs and more.
- Provide you with referrals to qualified providers, special needs resources, services and support.
- Guide you through the research process to find care and identify areas of consideration during the placement process.
- Consult with you on day-to-day caregiving challenges and long-term care plans.
- Offer resources for distance learning, home schooling, micro-schooling, tutoring, educational activities and everything in between.

Online resources

Visit your program website and click on the Work-Life Services tile to access the Work-Life web portal where you can:

- Access dozens of webinars, live talks, guides, articles and more.
- Find discounts on educational resources from The Princeton Review, Rosetta Stone and Hooked On Phonics and more.

Call your program or go online to get started!



Employee Assistance Program
1-800-324-8914