

# No one is immune to depression

Depression is the leading cause of disability in the U.S. Of the **17.3 million** individuals that experience depression, 35% do not receive treatment.

## Ethnicity as a percentage of the U.S. population:

Two or more races	11.3
American Indian & Alaska Native	8.0
White/Caucasian	7.9
Black/African American	5.4
Hispanic	5.4
Asian	4.4

## Women:



8.7% of women experience depression

## Men:



5.3% of men experience depression

## LGBTQ adults:

2.5x more likely to experience depression than heterosexual individuals

## Transgender youth:

4x more likely to experience depression than their non-transgender peers

If you or someone you know is experiencing symptoms of depression, call your program for helpful resources.



Employee Assistance Program  
**1-800-324-8914**