

Headspace Care Member Onboarding

Headspace Care in the App Store

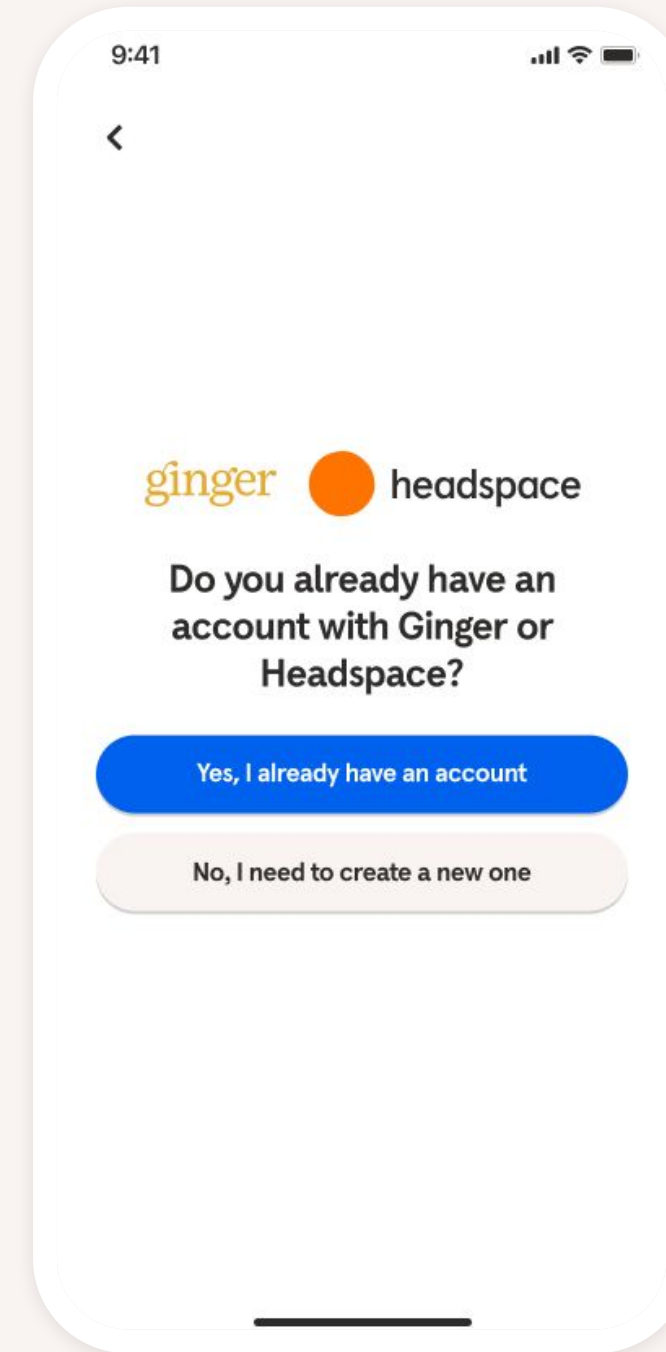
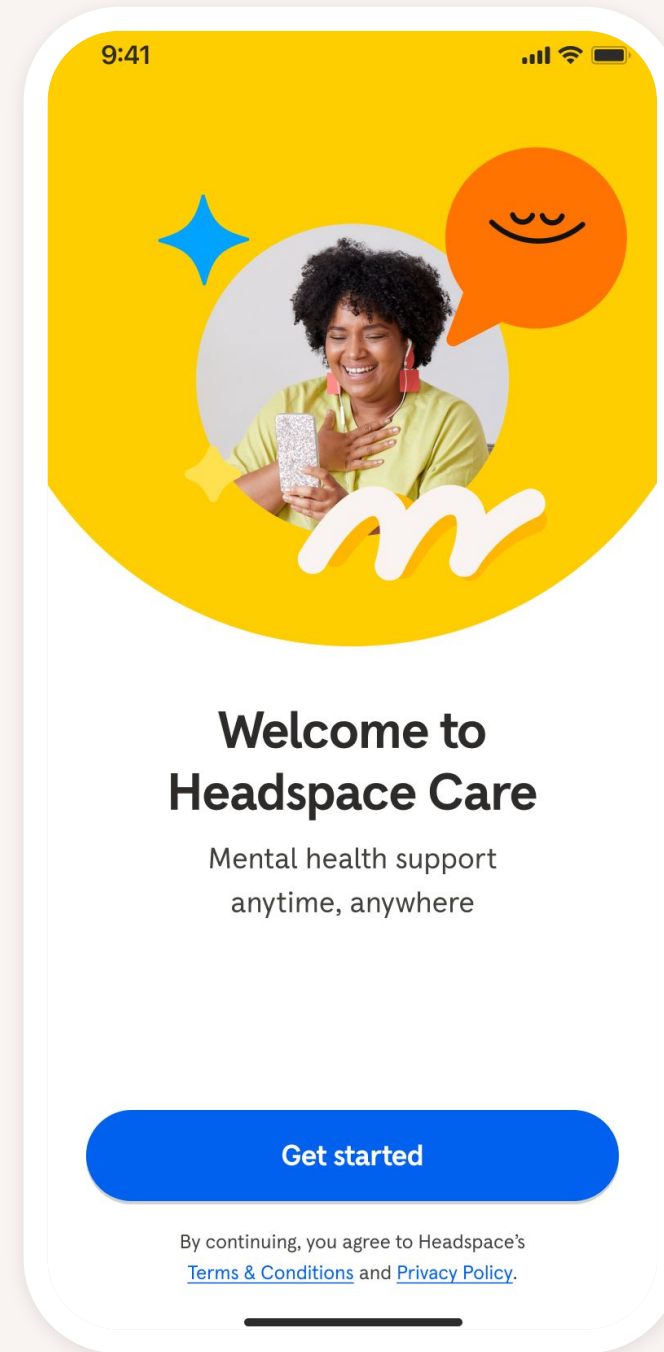
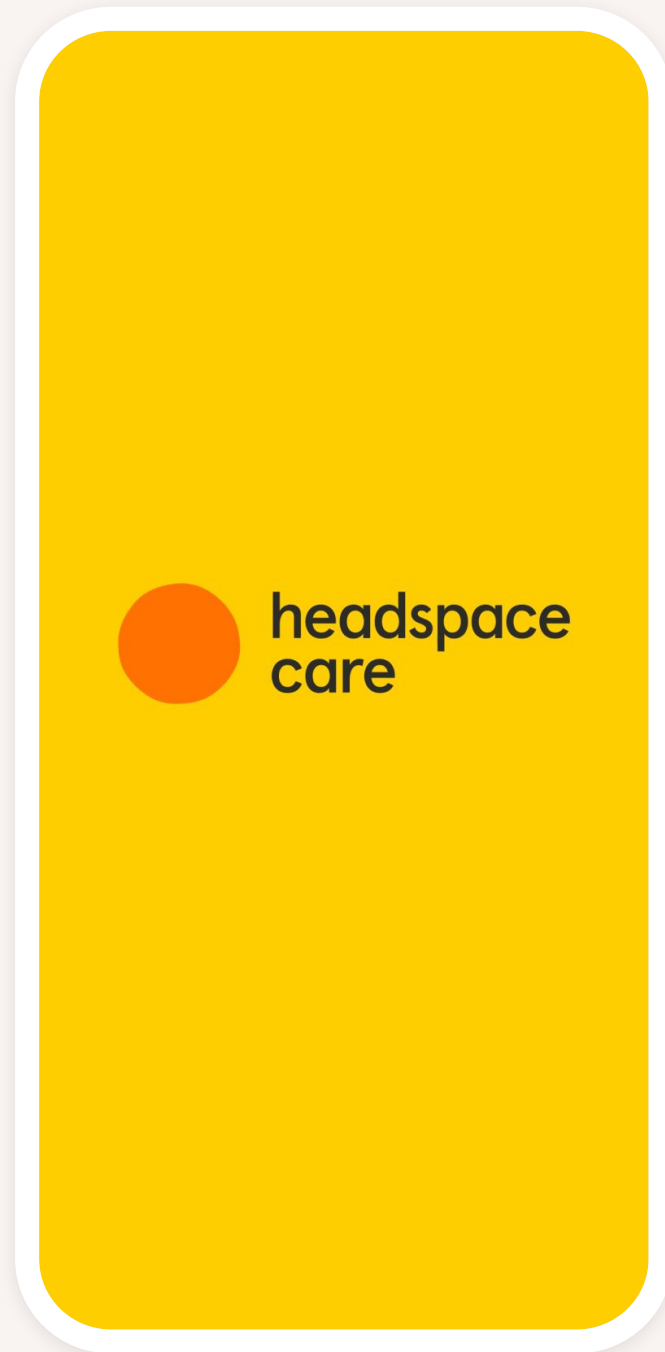


New name, same resource: Ginger is now Headspace Care.

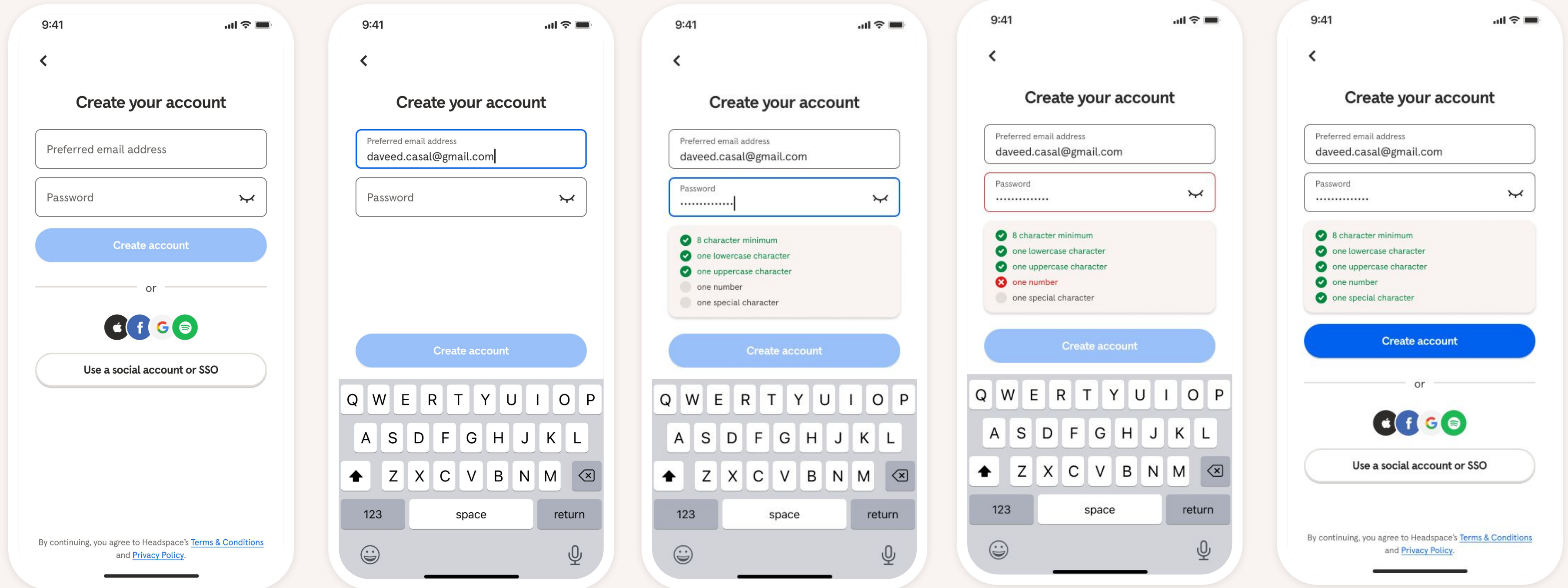
Coaching, therapy, psychiatry, and the self-care library — available on demand through the privacy of your smartphone.

The app looks a little different, but you'll still have the same support by your side. Schedule a text chat with a mental health coach who can help with what you're going through, from work stress to relationships to finding balance. Plus, explore our library of skill-building tools and resources — so you can get the right support in the moments you need it most.

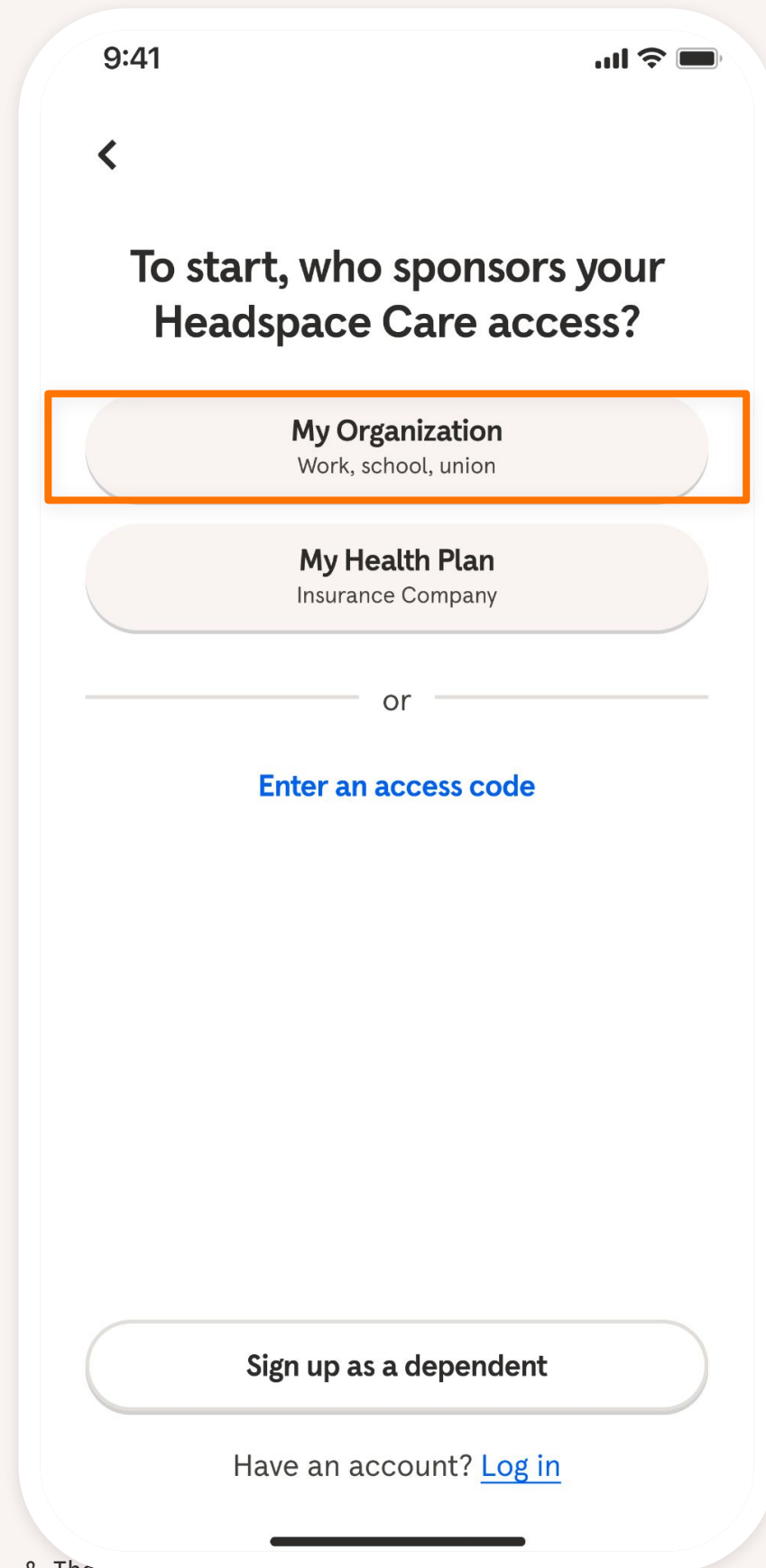
Getting started



Account creation



Sign up - Option 1

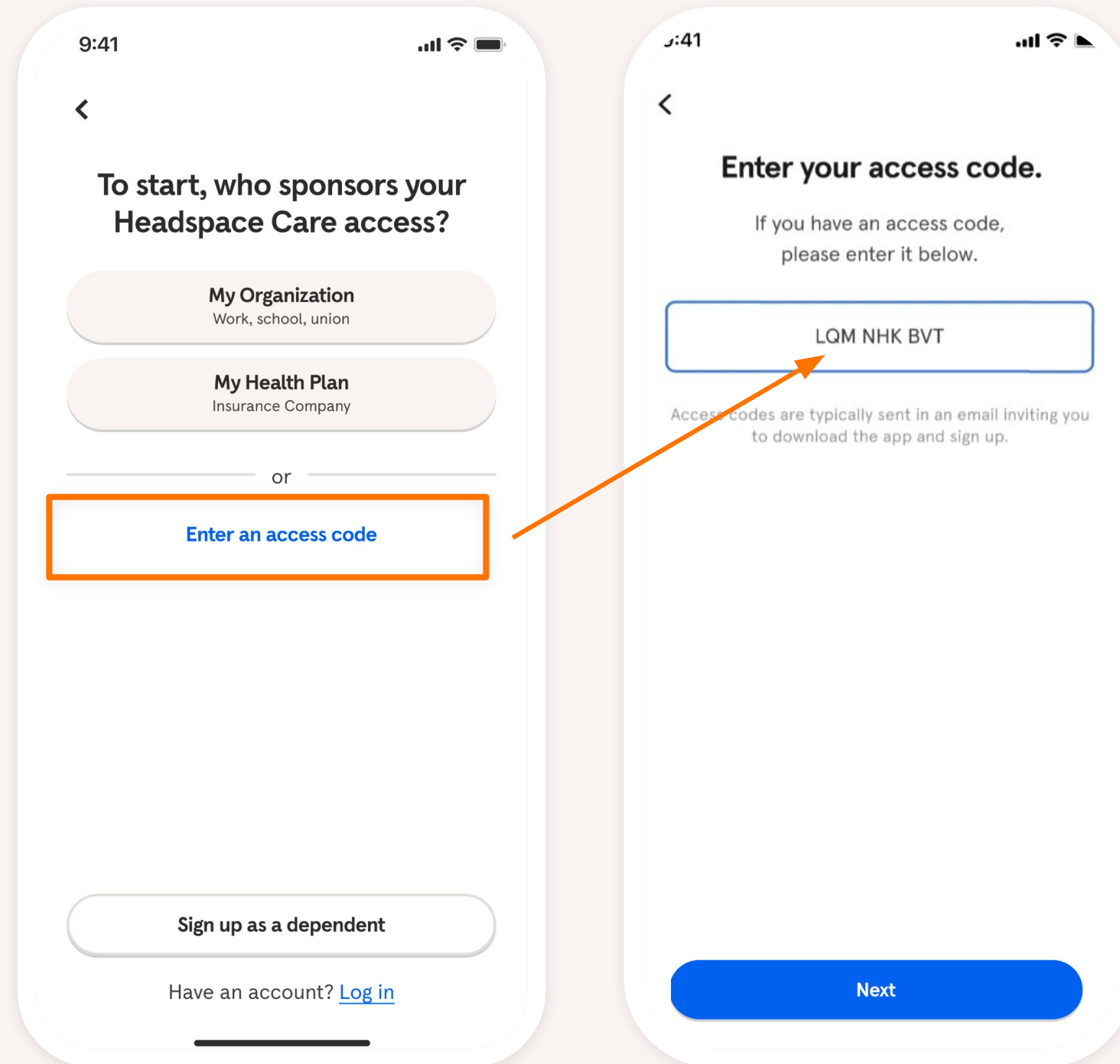


Email Verification

If a member is signing up for the first time, they will see this screen asking *who sponsors your access?*

1. Select **'My Organization'**
2. Enter your **work email address**
3. Complete onboarding survey and you're all set!

Sign up - Option 2

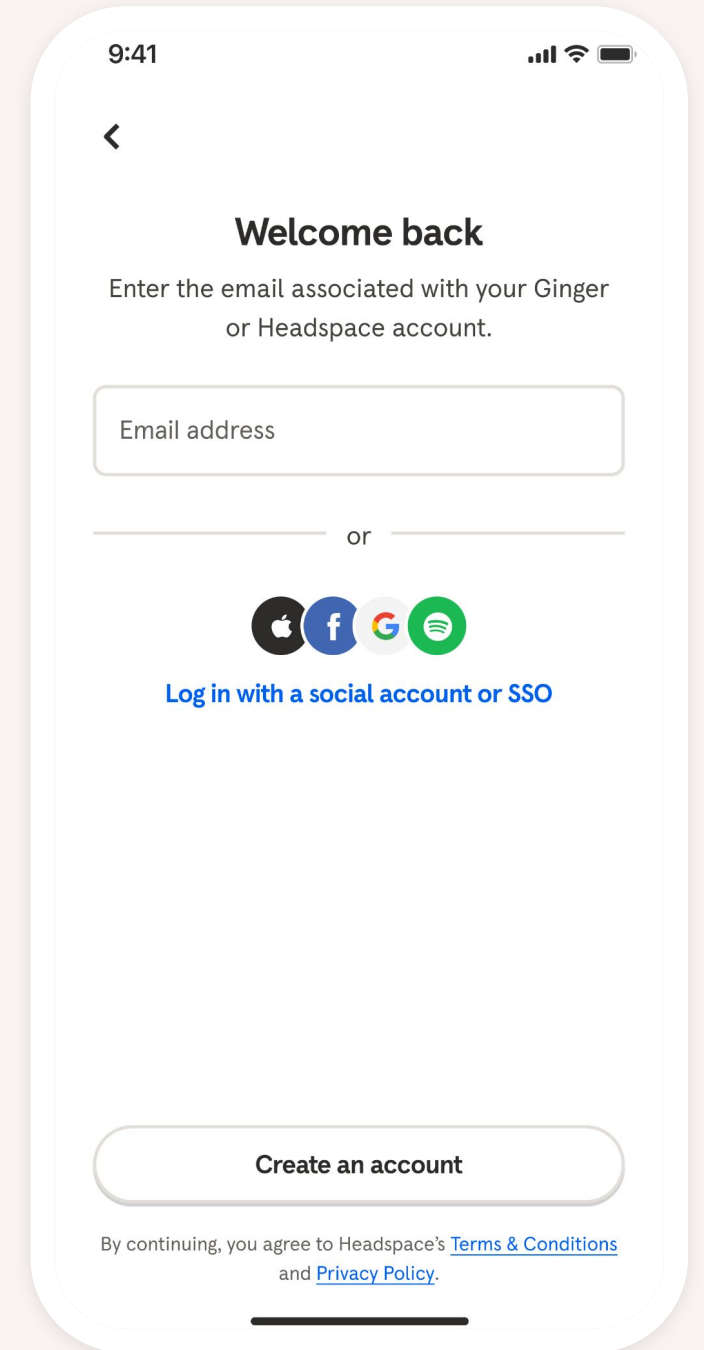
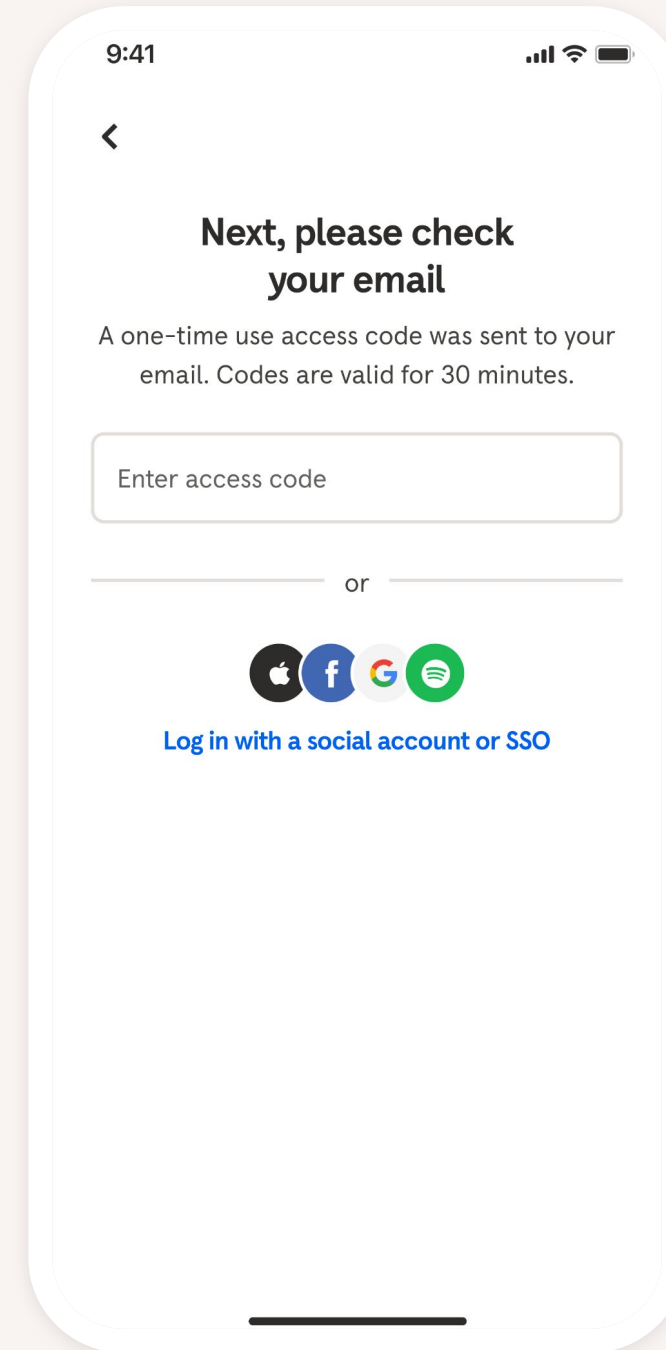
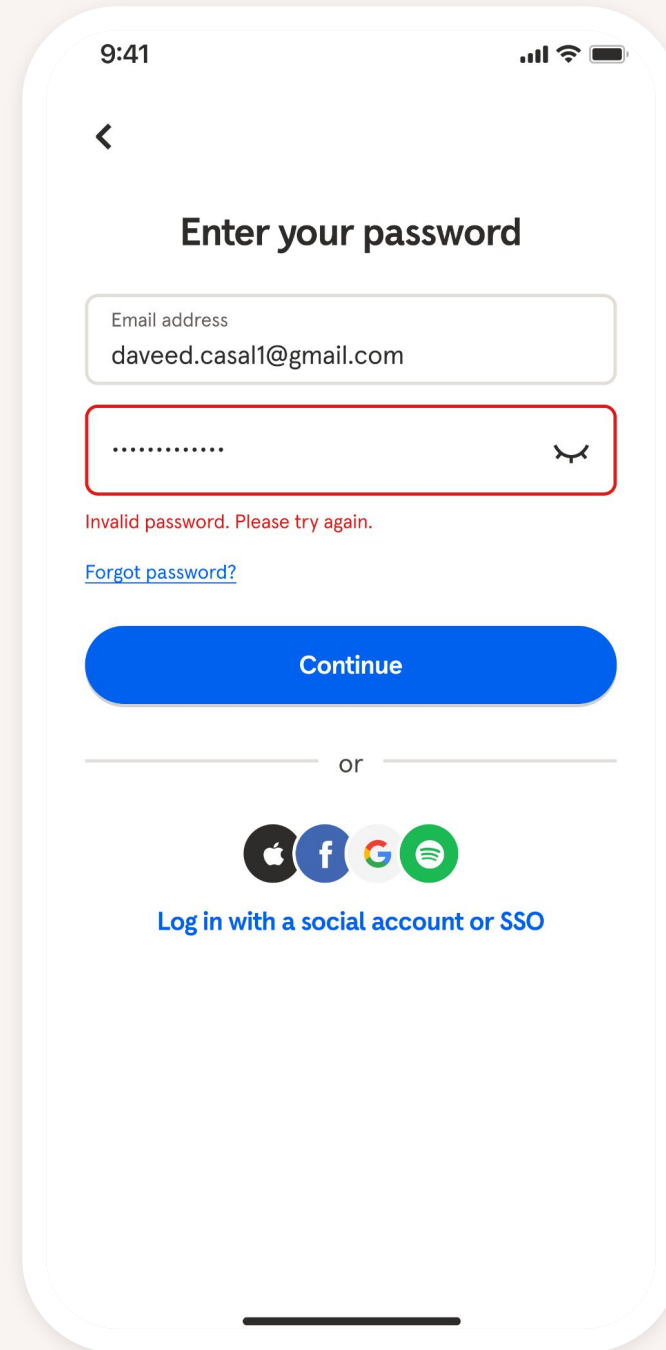
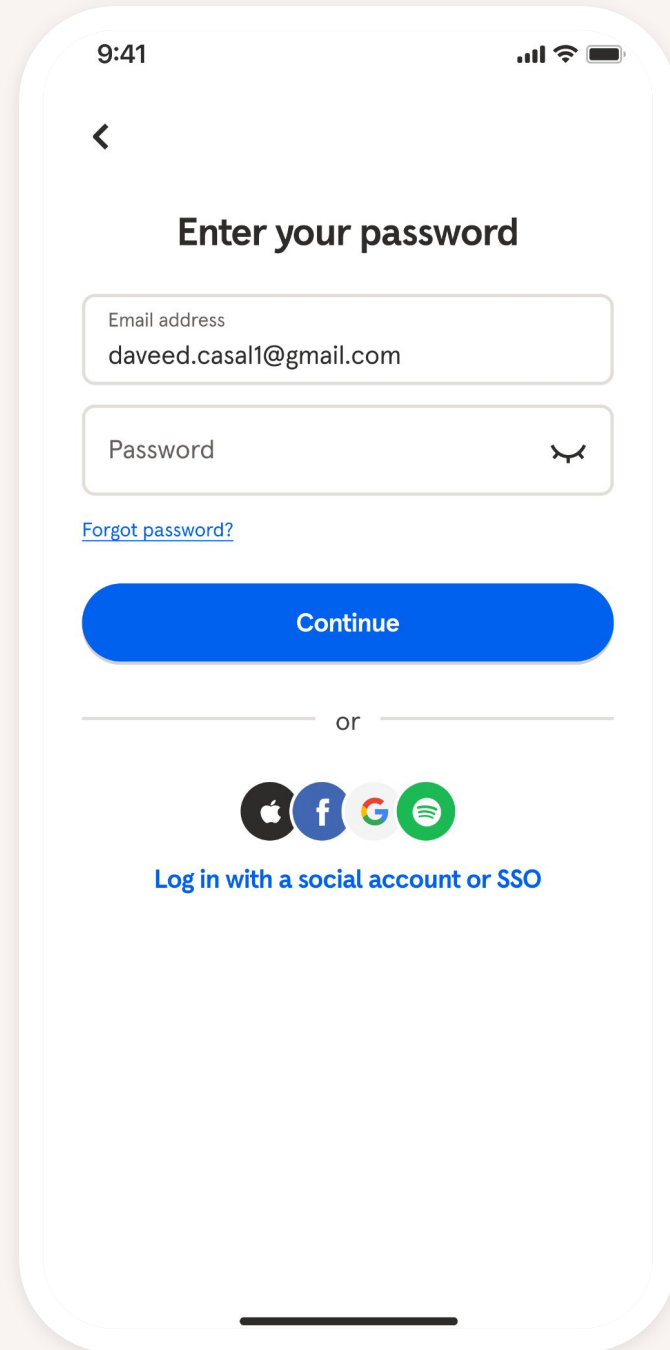
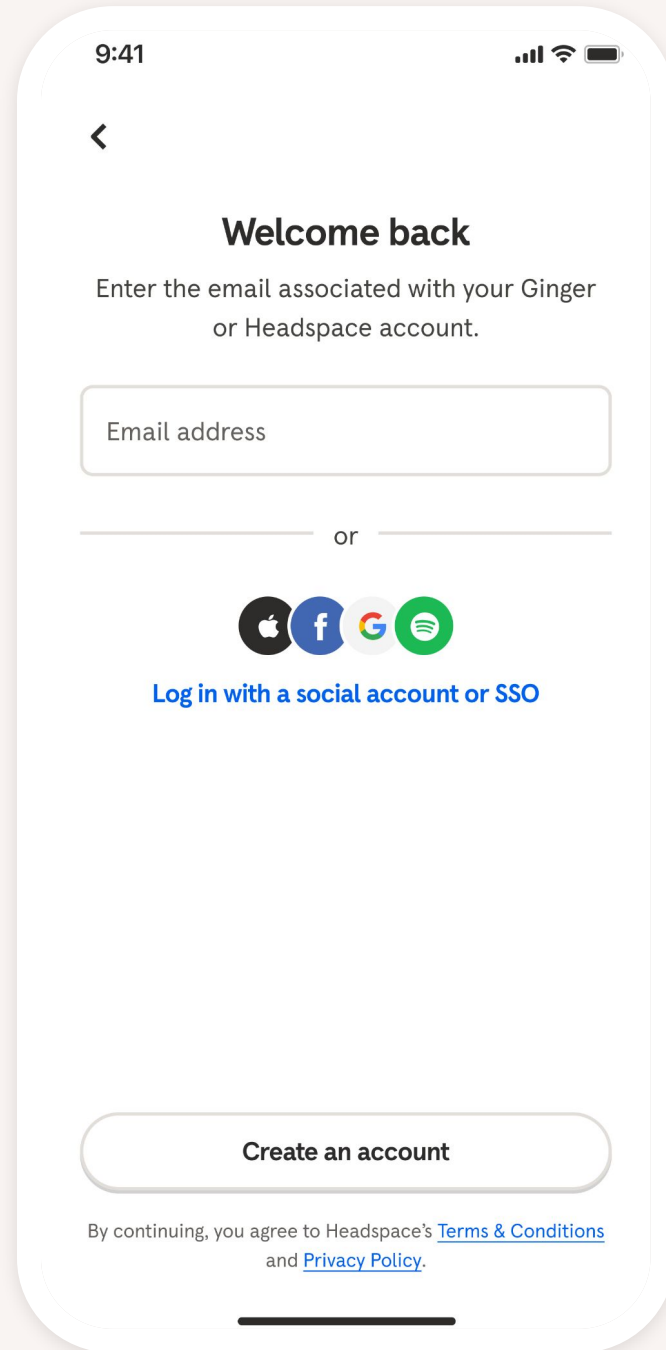


Welcome Email

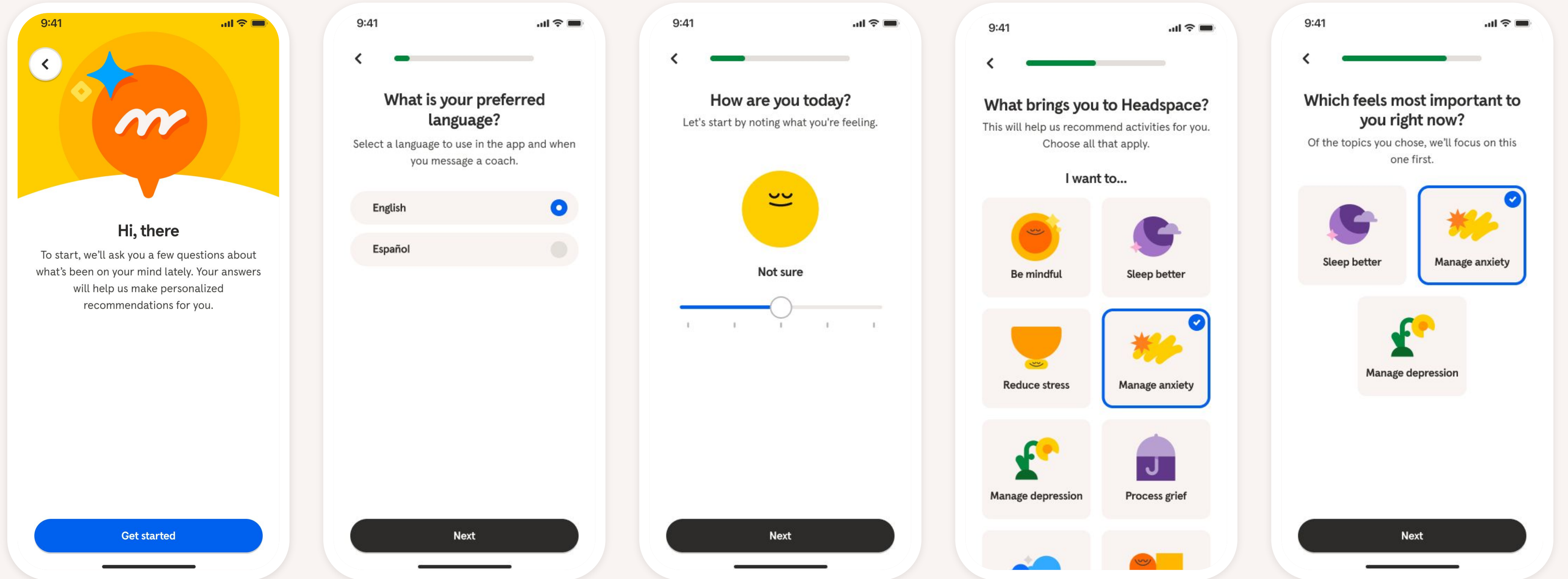
If you are a **new employee**, you should have received an email from Headspace Care

1. Select '**Enter Access Code**'
2. Enter the code found in your 'Welcome to Headspace Care email'
3. Complete the onboarding survey and you're all set!

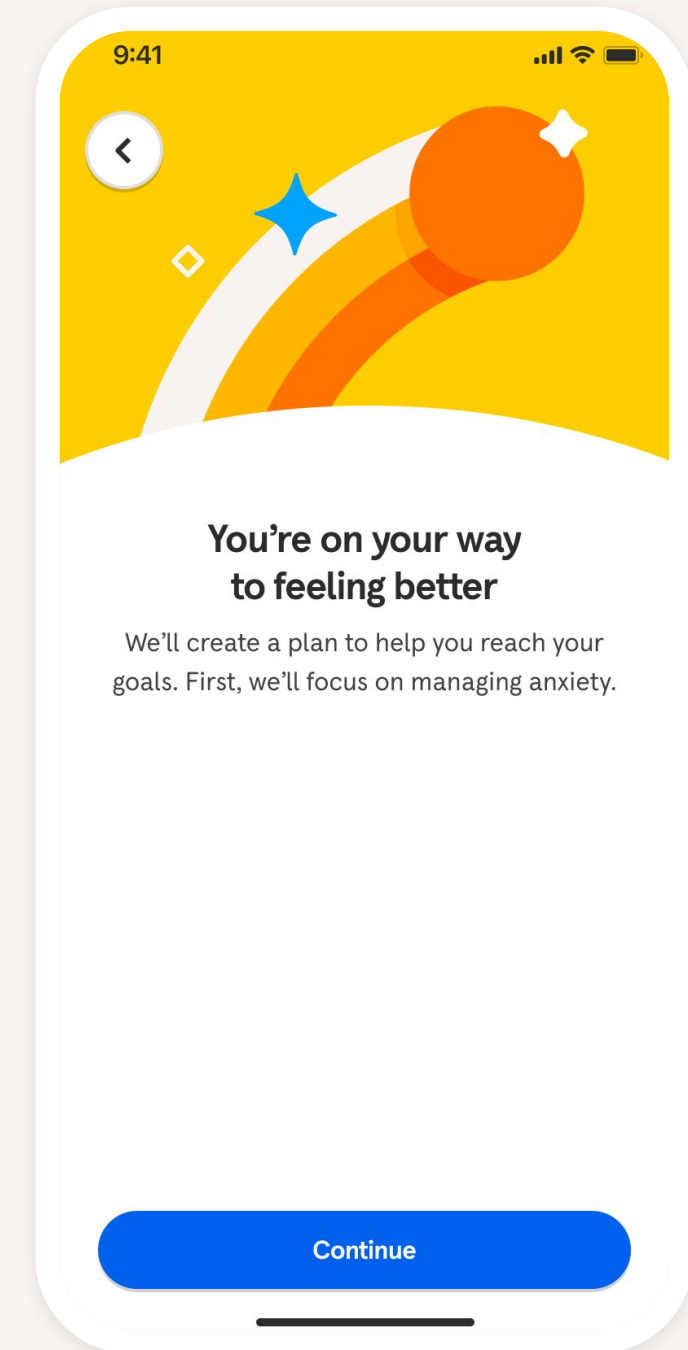
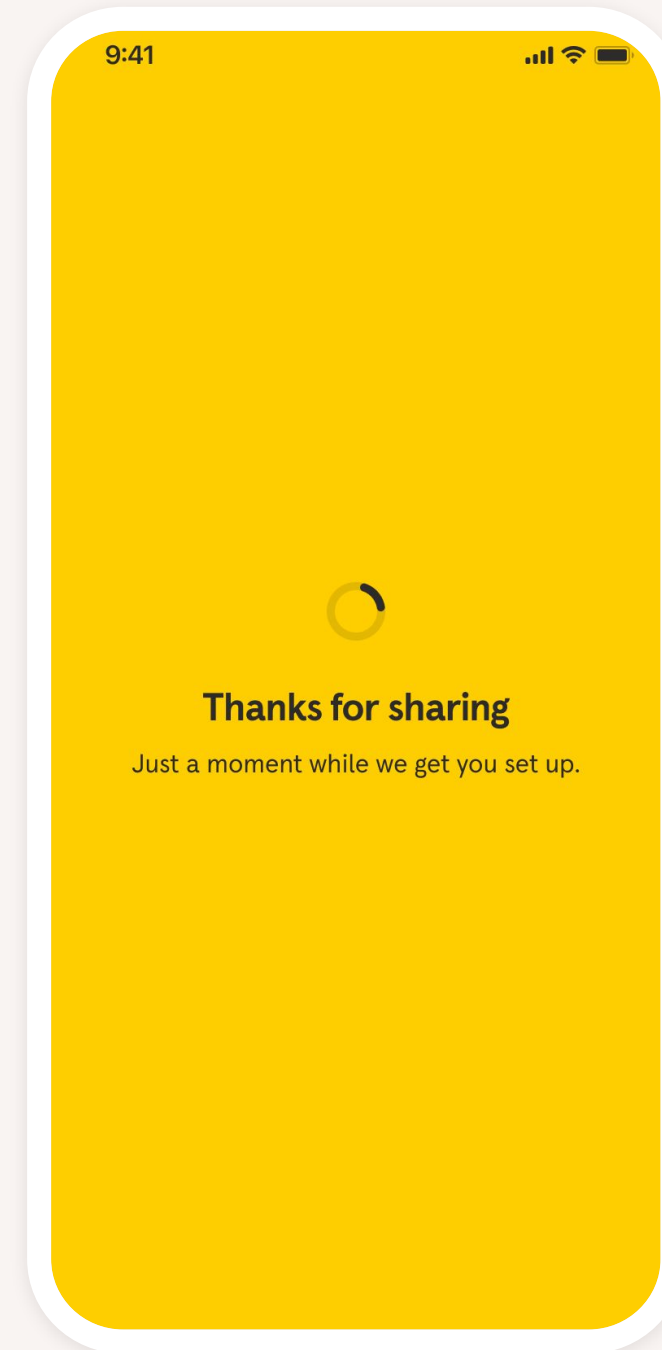
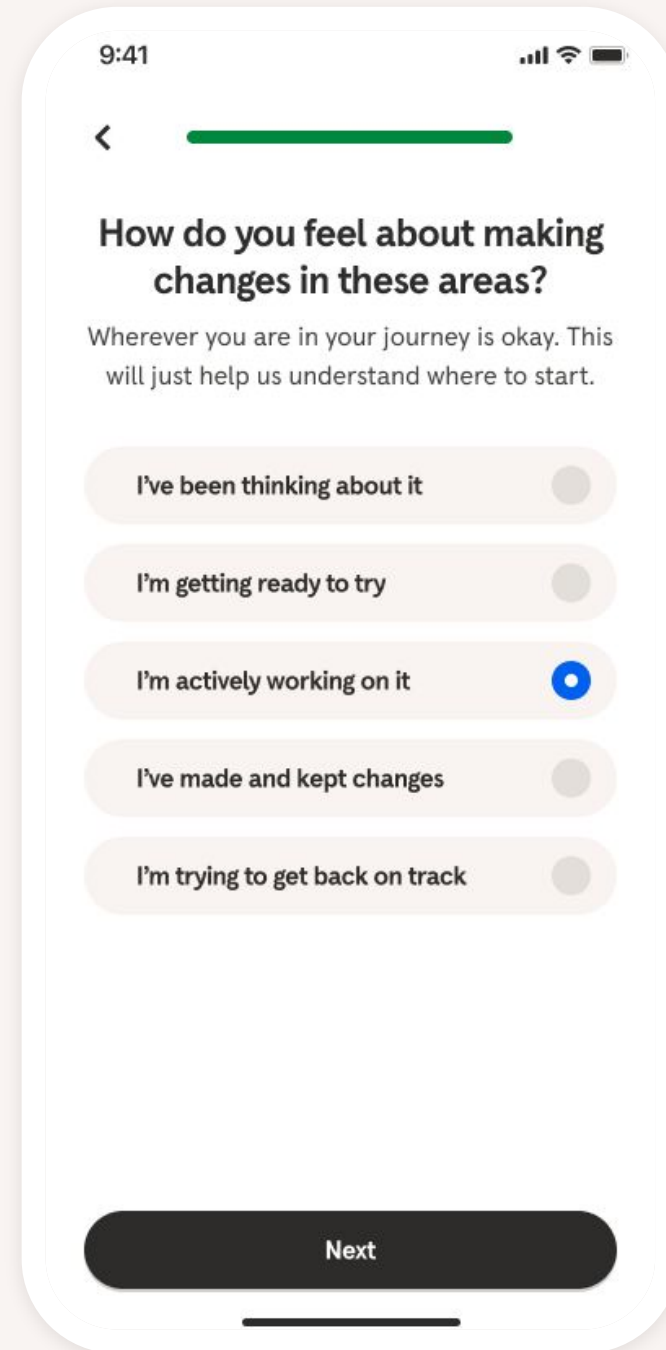
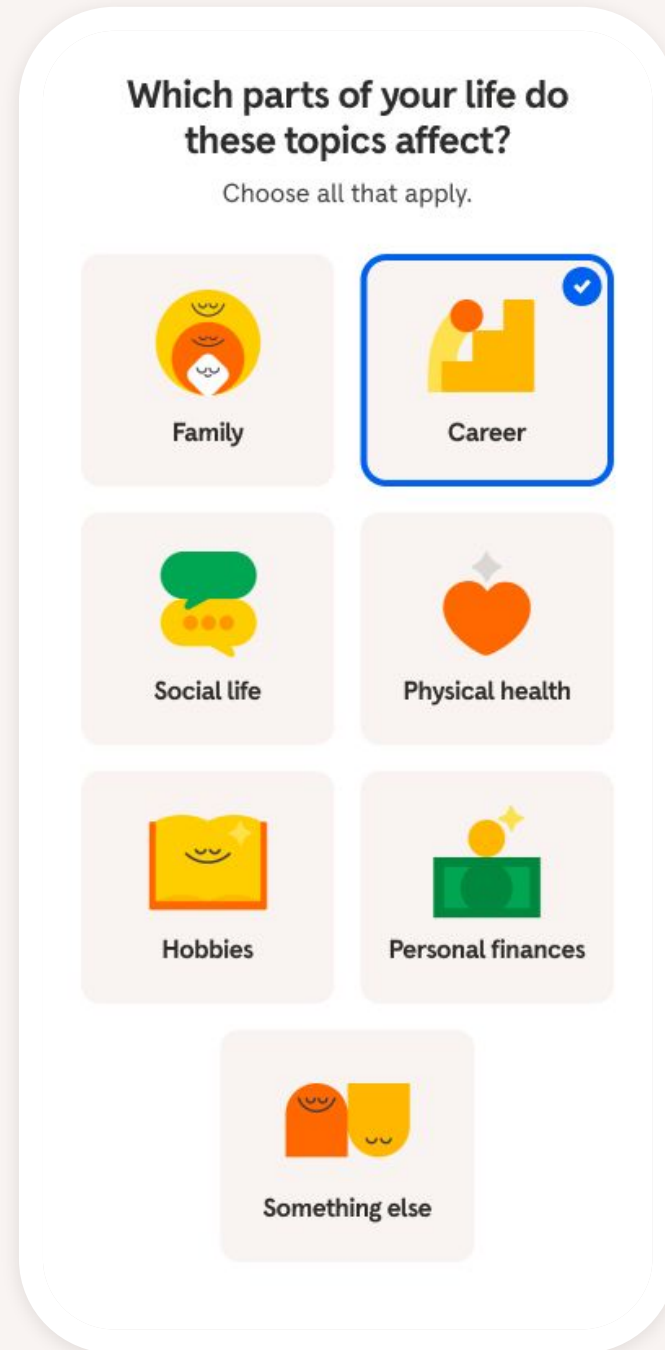
Log in



Onboarding



Onboarding



Final onboarding

