

Cancer care

Unmatched prevention, lifesaving treatment, and healthier outcomes

Cancer is a common and costly workforce health condition

1 in 3 women and 1 in 2 men will get cancer during their lifetime, and an estimated 1.9 million Americans received a new cancer diagnosis in 2021 alone.¹ The U.S. population of cancer survivors now exceeds 15 million – and about half of them are of working age.² So it's not surprising that 80% of employers say cancer is their top employee health care concern and cost driver.³

Nearly a quarter of employers' total health care costs go toward cancer treatment.⁴

Cancer is a top cost driver for businesses⁵

Of all the serious diseases impacting employee health, the highest proportion of employer health care costs – an average of 22% – is spent on cancer treatment.⁶ This doesn't include lost time from work or other indirect costs – which make up over half of employers' total cancer-related expenses.⁷ And even after cancer treatment is complete, annual health care costs are twice as high for cancer survivors than for employees who have never had cancer.⁸

Employers' costs go well beyond cancer treatment



52%

of employers' total cancer-related expenses are indirect costs⁹ like absenteeism



Annual health care costs are **2x as high** for employees with a history of cancer¹⁰

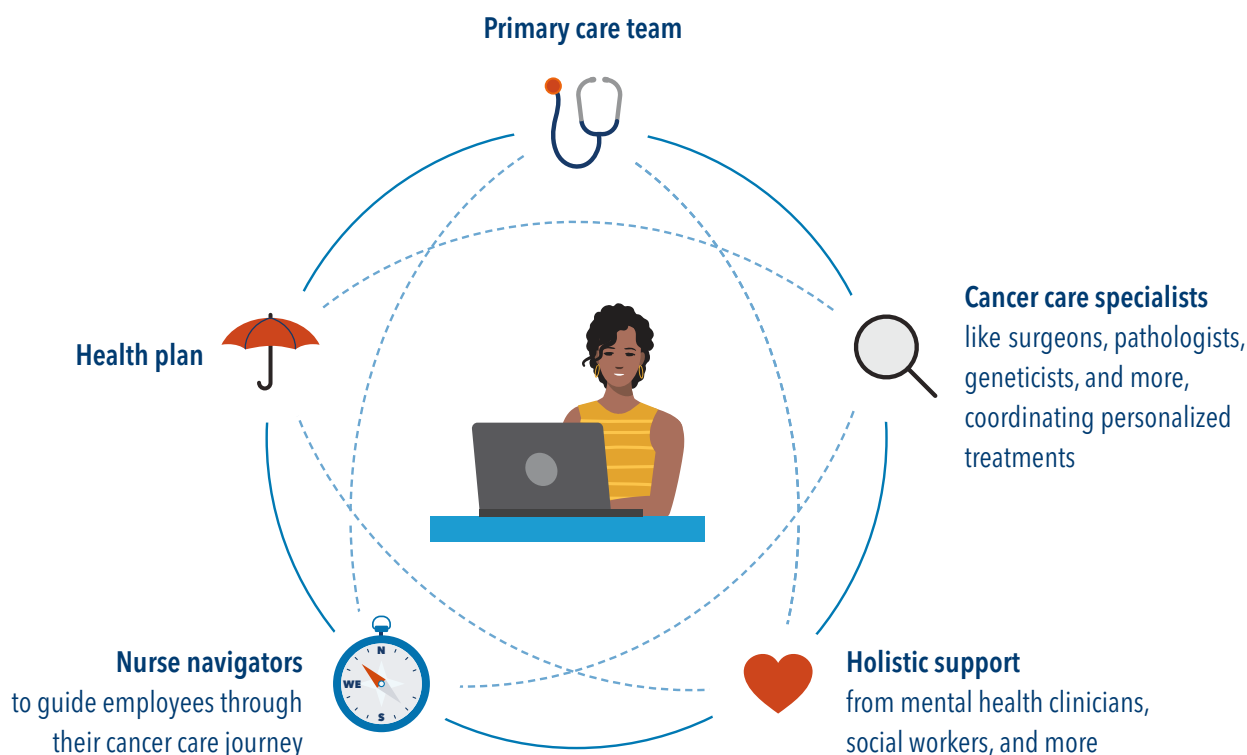
(continues on next page)

(continued)

A coordinated, 360-degree approach to cancer care

At Kaiser Permanente, everything your employees need is available in one connected system designed to support:

- ✓ Better cancer prevention and earlier detection
- ✓ Seamless cancer treatment paths with fewer obstacles to care
- ✓ Faster recoveries and healthier outcomes



Multidisciplinary teams work together seamlessly

Coordinated teams share expertise to save time and visits, deliver better care and achieve healthier outcomes.

Collaborative decision making – Cancer specialists review medical records and diagnostic tests with a team of consulting oncology experts to determine the best possible treatment decision with each patient.

Built-in second opinions – Employees have access to multiple experts with different perspectives, experience, and skill sets.

Connected health records – Each member's cancer care journey is captured in their electronic health record. So care teams can easily share information to help optimize treatment and ongoing care.

(continues on next page)

Cancer care at Kaiser Permanente is different – and better

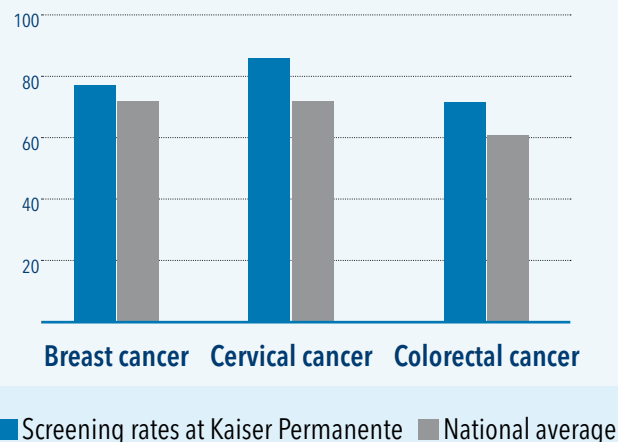
Unmatched prevention and early detection

The best defense against most cancers is healthy living and early diagnosis. We offer a broad range of healthy lifestyle tools and resources to help members minimize their risk. And our electronic health record triggers automatic alerts when employees are due for preventive screenings.

Proactive screenings make all the difference

At least 42% of cancer cases can be prevented.¹² And finding cancer early is proven to increase survival rates and decrease costs. In fact, treatment for early-stage cancer costs 2 to 4 times less than treatment for more advanced cancer.¹³

Higher screening rates for 3 common types of cancer¹¹



Highly personalized care

-  **Individualized prevention** – Genetic risk assessment helps care teams understand employees' risk for hereditary cancers and proactively tailor preventive care and screening plans accordingly. No need for costly third-party genetic counseling or other services – it's built into our care.
-  **Individualized treatment** – Each cancer patient gets their own unique screening plan, treatment plan, diagnostic map, and survivorship plan. It's all captured in our electronic health record so care teams can collaborate on treatment and patients can access this information anytime.

Advanced, innovative cancer treatment

-  **Connecting members to clinical trials** – Kaiser Permanente is one of the largest enrolling sites in the nation for National Cancer Institute clinical trials. Members had access to over 200 clinical trials in 2021 alone.¹⁴
-  **Unparalleled research capabilities** – Robust data from over 12 million members drives meaningful clinical findings that help us enhance care delivery, give members access to cutting-edge treatment, and improve outcomes.

We put research findings into clinical practice faster¹⁴

That means our members have access to the latest treatments sooner.



Kaiser Permanente: **16 months**

Industry average: **17 years**

(continues on next page)

Superior cancer care that delivers superior outcomes

Cancer patients who are diagnosed and treated at Kaiser Permanente live longer, healthier lives than people who get care through other health plans. Our southern California members have better outcomes for 8 common types of cancer:¹⁵

- Breast cancer
- Lung cancer
- Melanoma
- Kidney cancer
- Prostate cancer
- Colorectal cancer
- Endometrial cancer
- Bladder cancer

Leaders in equitable cancer care

Cancer mortality rates are dramatically lower for Black and Latino members in southern California:¹⁶

Black cancer patients are 14%
more likely to survive at Kaiser Permanente

Latino cancer patients are 23%
more likely to survive at Kaiser Permanente

Experience and skill when it matters most

Kaiser Permanente treats

500k+ cancer patients every year

Our cancer specialists bring a wealth of knowledge and expertise to each member's unique cancer case – providing high-quality care and support that results in healthier outcomes for your employees.



Watch the video: Heidi's breast cancer care journey

A Kaiser Permanente member talks about her experience – and how her care team provided outstanding care and support from diagnosis to treatment and onto survivorship.

1. "Lifetime Risk of Developing or Dying from Cancer," American Cancer Society, accessed January 10, 2022; "Cancer Facts and Figures 2021," American Cancer Society, 2021. 2. "Emerging Trends in Cancer Care," National Business Group on Health, October 25, 2021. 3. 2022 Large Employers' Health Care Strategy and Plan Design Survey, National Business Group on Health, 2021. 4. What Employers, Navigators Need to Know about Cancer's Impact in the Workplace," Academy of Oncology Nurse & Patient Navigators, April 20, 2017. 5. See note 3. 6. See note 4. 7. See note 4. 8. See note 4. 9. See note 4. 10. See note 4. 11. Kaiser Permanente 2021 HEDIS scores. 12. "Cancer Facts and Figures 2021," American Cancer Society, 2021. 13. "Early Cancer Diagnosis Saves Lives, Cuts Treatment Costs," World Health Organization, February 3, 2017. 14. Christine T. Chambers, "From Evidence to Influence: Dissemination and Implementation of Scientific Knowledge for Improved Pain Research and Management," *PAIN: The Journal of the International Association for the Study of Pain*, September 2018; Shayna L. Henry, PhD, et al., "E-SCOPE: A Strategic Approach to Identify and Accelerate Implementation of Evidence-based Best Practices," *Medical Care*, October 2019. 15. Robert M. Cooper et al., "Influence of Health Care Systems on Mortality in Adult Patients with Cancer," *American Journal of Managed Care*, May 13, 2021. 16. See note 15.